

What're you most looking forward to today/this week?

What's your favorite thing about yourself?

How have you changed over the past year?

Tell me about a time when you felt really appreciated?

What did you like the most about the place you grew up? The least?

Describe your ideal morning.

How would your coworkers describe you?

Describe yourself in 5 words.

What is one thing you are proud of from this past year?

What's one area of your life you wish was simpler?

If you could wake up tomorrow with 3 new skills, what would they be?

What're you most looking forward to today/this week?

What's your favorite thing about yourself?

If you could never drink coffee again, what would you do? How would you improve your energy?

What's your most recent Amazon purchase?

If you wrote a book about your life, what would it be titled?

What actor would play you in a movie?

How would your friends describe you?

Describe yourself in 5 words.

What's the last show you binged?

What's one area of your life you wish was simpler?

If someone handed you \$50 right now, what's the first thing you'd buy?

Share the best compliment you could ever receive and why?

What's the best meal  
you've ever had?

What's your favorite  
room in the house, why?

What's one area of your  
life you wish was simpler?

If you could title a movie about your  
family, what would it be called?

Describe me in 5 words!

If someone handed you \$50 right  
now, what's the first thing you'd buy?

Share the best compliment you  
could ever receive and why?

What's your favorite part about your job?

If you could never drink coffee again, what would you do? How would you improve your energy?

How do you like to experience appreciation?

You woke up tomorrow and had your dream job, what is it and why?

What are some things you'd consider yourself loyal to?

What's one area of your life you wish was simpler?

Share the best compliment you could ever receive and why?